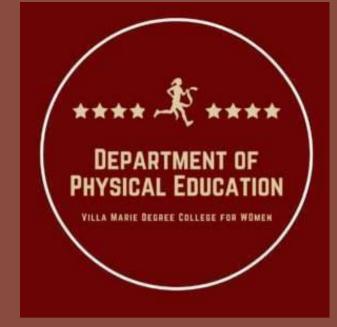


#### Villa Marie Degree College for Women

Somajiguda, Hyderabad - 500082

Affiliated to Osmania University, Management Programs Approved by AICTE Recognized by UGC u/s 2(f), an ISO 9001:2015 Certified Institution Accredited with B++ Grade by NAAC



# DEPARTMENT OF PHYSICAL EDUCATION

FACILITIES







## INDOOR GAMES

ChessTable TennisCaromsBadminton



#### **OUTDOOR GAMES**

- ·Basket Ball
- ·Volley Ball
- ·Hand Ball
  - ·Cricket
- ·Throw Ball
- ·Athletics
- ·Pickle Ball
- ·Lawn Tennis
  - ·Fist Ball
  - ·Korf Ball
  - ·Swimming
- ·Tug of War
- ·Tennis Ball Cricket



### Gymnasium



#### EQUIPMENT

Standing Lateral/ Fly Machine

·Tread Mill

.450 Leg Press

**Deluxe Power Rack** 

**·Vertical Chest Press** 

**Oval Trainers** 

·Kettle bells

·Medicine balls

**Exercise Bike** 

**Elliptical Cross Trainer** 

·Dumb bells

·Hula Hoops

Yoga Mats

·Steppers

**Jumping Ropes** 

**·Battle Ropes** 

Single Chest Press

·Triceps dip assisted Pull up machine