

REPORT – 2023-2024

The Women's Cell of Villa Marie Degree College for Women has been instrumental in organizing a series of impactful programs aimed at fostering awareness, empowerment, and well-being among students and faculty.

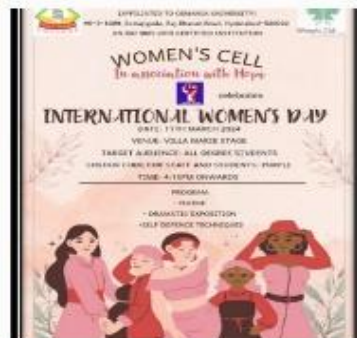
This report aims to provide an overview of these initiatives, evaluating their functioning, effectiveness, level of participation, and the interest they generated among the college community.

- **Workshop on “Glowing Skin and Healthy Hair” on 7th July 2023:** A workshop on “Glowing Skin and Healthy Hair” was organized on 7th July 2023. The resource person was Dr. G.S.S. Sandeep, to provide the basic knowledge of natural herbs & plants useful for skin and Hair.
- **Seminar on “Gynaecology & Women’s Health” on 4th Dec 2023:** A seminar was organized on 4th Dec 2023 on” Gynaecology & Women’s Health”. The resource person was Dr. Ramani GSV. It helped to understand & identify health issues and importance of routine health check up.
- **Workshop on Self Defence Techniques on 11th March 2024:** As part of International Women’s Day, a workshop was organized on Self Defence Techniques, on 11th March 2024. Hope Team members headed by Mr. Vijay demonstrated the techniques of self-protection in different situation.
- **Poster making competition on 6th March 2024:** Poster making competition was organized on 6th March 2024 in order to bring awareness on the theme “Invest in Women: Accelerate Progress” to highlight the importance to Women empowerment & raise awareness about women’s rights and gender equality.



Workshop on "Glowing Skin and Healthy Hair"

Poster making competition



Seminar on "Gynaecology & Women's Health"

Workshop on Self Defence Techniques